



اللجنة الوطنية الأولمبية المغربية  
ⵜⴰⵎⴻⵔⴰⵏⵜ ⵜⴰⵏⴻⵙⴰⵢⵜ ⵜⴰⵖⵓⵔⴰⵏⵜ ⵜⴰⵙⴰⵢⵜ  
COMITÉ NATIONAL OLYMPIQUE MAROCAIN



# Annual Report

# 2019





KINGDOM OF MOROCCO



# Annual Report

2019

« .... We are, indeed, a nation that loves Sports and that mobilizes massively and unanimously to encourage and praise its heroes. It takes immense pride in seeing them achieve so many feats and in seeing the Moroccan flag raised so high in international meetings... »

Extract from the Royal Letter addressed to the participants of the National Conference on Sport held in Skhirat on 23-24 October 2008





## Word of the President



**Mr. Faïçal LARAICHI**

President of the Moroccan  
National Olympic Committee

First and foremost, I would like to express my deep recognition and acknowledgement to the Presidents of the national royal sports federations member of our institution. You have been considerably solicited by the Moroccan NOC during the previous year. Thank you for your collaboration and responsiveness.

This year has allowed us to consolidate the strategy of the new executif board of the Moroccan NOC that placed the Olympic preparation and educational programs at the core of our support system to the national royal sports federations.

Therefore, the Moroccan NOC has signed an agreement with the Ministry of Sports for the period 2019/2028. The purpose of this convention is to ensure the sustainability of the preparation programs for the International Games. It will as well allow the activation of the program JIL 24/28 dedicated to prepare young Moroccan talents for the Olympic Games of Paris 2024 and Los Angeles 2028.

The Moroccan NOC has continued its work to contribute to the development of national sport through organizing a series of seminars and trainings in favour of technical executives and sport leaders.

The following annual report demonstrates the work and quality of our actions in the medium and long term vision. All those who have contributed to the implementation of the Moroccan NOC's projects are warmly thanked for their collaboration.

I would like as well to address my congratulations to the Moroccan athletes for all their considerable achievements during this year, mainly at the African Games organized in Rabat.

I reiterate my firm commitment to help improving the conditions for a better preparation of our elite athletes in order to create a performance-enhancing ecosystem.

With my deep thanks and appreciation,

**Faïçal LARAICHI**

President of the Moroccan NOC

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# **PREAMBLE**



## PREAMBLE

During 2019, the Moroccan National Olympic Committee (Moroccan NOC) continued its implementation of the strategic guidelines defined by its Executive Committee through:

- The support of national royal sports federations in the preparation of the Moroccan sports elite and the training of technical staff;
- The restructuring of its internal operations by applying the principles of good governance.

The implementation of these guidelines have been materialized by the realization of the following actions:

- Signing Conventions with national sports federations in order to provide relevant and coherent support for the preparation of Moroccan athletes to the International Games which are within the statutory prerogatives of the Moroccan NOC;
- Ensuring the follow-up with the national sports federations and athletes by the mean of the sports monitoring unit and the updating of information systems;
- Holding the organization of seminars and training sessions on specific themes for managers, National Technical Directors and national trainers of all Federations;
- Setting up the internal coordination structure of the Moroccan NOC to prepare and facilitate the decision making of the Executive Committee and to ensure an effective follow-up of these decisions;
- Intensifying exchanges with international partners in order to benefit from available programs in favor of the development of the national sport movement;
- Adopting a procedure manual with the strengthening of the financial management of the Moroccan NOC through the use of a digital purchasing platform;
- Diversifying the communication channels in order to facilitate access to information and to better communicate on the Moroccan NOC's activities;
- Strengthening the presence of the Moroccan NOC on social networks.

The Moroccan NOC has as well ensured the management and financing of the Moroccan delegation representing the Kingdom of Morocco in all the Sports Games scheduled in 2019:

- African Beach Games in Sal (Cape Verde);
- African Games in Rabat (Morocco);
- Mediterranean Beach Games in Patras (Greece);
- World Beach Games in Doha (Qatar).



**GOVERNANCE**

**A**



# Executive Committee Members



**Faïçal LARAÏCHI**  
President



**Hamid LAHLOU-KAMAL**  
Vice President



**Abdeslem AHIZOUNE**  
Vice President



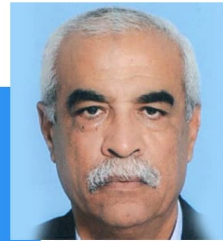
**Fouzi LEKJAA**  
Vice President



**Nawal EL MOUTAWAKEL**  
IOC Member



**Abdellatif IDMAHAMMA**  
General Secretary



**Driss HASSA**  
Deputy General Secretary



**Omar BELLALI**  
General Treasurer



**Mohamed MOUKTABIL**  
Deputy General Treasurer



**Mohammed BENELMAHI**  
Assessor



**Youssef FATHI**  
Assessor



**Abdeljaouad BELHAJ**  
Assessor



**Tahar BOUJOUALA**  
Assessor



**Abdelkebir OUADDAR**  
Athletes Commission Representative



The Moroccan NOC's Executive Committee has continued to implement its strategy based on good governance and the support of National Sports Federations around the values of transparency, efficiency and rigor. The main novelty in terms of governance during this year is the creation of the internal coordination structure whose objective is to prepare and facilitate the decision making of the Executive Committee and ensure an effective follow-up of these decisions.

## 1- Moroccan NOC Ordinary General Assembly

The Moroccan NOC held its Ordinary General Assemblies (OGA) related to 2017 and 2018, on Tuesday, December 24, 2019 at its headquarters.

The work of these AGO was chaired by Mr. Faïçal LARAICHI, President of the Moroccan NOC, in the presence of most of the Presidents of the Royal Moroccan Federations, as well as the representatives of the Ministry of Youth and Sports.

Accordingly, it was unanimously approved by the voting members:

- The 2017 / 2018 Annual Reports;
- The 2017 / 2018 Financial Reports;
- Rules of Procedure;

They also approved:

- The election of the Athletes' Commission;
- The budgets;
- The appointment of the FINACS firm headed by Mr. Anas ABOU ELMIKIAS as the auditor in charge of auditing the financial statements of the Moroccan NOC.

## 2- Monthly meetings of the Executive Committee

The Executive Committee held regular meetings to monitor all activities and take necessary actions for the smooth and efficient functioning of the Moroccan NOC. During 2019, the Executive Committee held 8 meetings.

Meetings	Dates
11 <sup>th</sup> meeting	January 17, 2019
12 <sup>th</sup> meeting	February 21, 2019
13 <sup>th</sup> meeting	April 19, 2019
14 <sup>th</sup> meeting	May 16, 2019
15 <sup>th</sup> meeting	July 24, 2019
16 <sup>th</sup> meeting	October 1, 2019
17 <sup>th</sup> meeting	November 21, 2019
18 <sup>th</sup> meeting	December 9, 2019

Table 1: The Moroccan NOC Executive Committee Meetings in 2019

### 3- Moroccan NOC Commissions

In compliance with the Moroccan NOC statutes, various commissions have been set up:

Commissions	Chairpersons
Olympic Preparation Commission	Mr. Faïçal LARAICHI
Sport for All Commission	Mr. Omar BELLALI
Women and Sport Commission	Mrs. Nawal EL MOUTAWAKEL
Training Commission	Mr Abdellatif IDMAHAMMA
Medical and Anti-Doping Commission	Mr Youssef FATHI
Disciplinary, Legal and Ethics Commission	Mr. Mohammed BENELMAHI
Communication, Marketing and Public Relations Commission	Mr. Hamid LAHLOU-KAMAL
Sport and Environment Commission	Mr. Tahar BOUJOUALA
Finance and Audit Commission (Ad-Hoc)	Mr. Driss HASSA
Athletes' Commission	Mr. Abdellatif NOUSSIR

Table 2: The Moroccan NOC commissions

### 4- International appointment of the members of the Executive Committee

Mrs. Nawal EL MOUTAWAKEL was elected member of the IOC Executive Board, during the 134<sup>th</sup> IOC Session held in Lausanne in June 2019.

Mr. Hamid LAHLOU-KAMAL has been appointed by the IOC President as a member of the IOC Marketing Commission on 13 May 2019. He is also a member of the ANOC Marketing Commission since February 08, 2019.

### 5- Setting up the internal coordination structure

It was deemed necessary, in the context of improving the governance of the Moroccan NOC, to set up an internal coordination structure in order to:

- Strengthen team cohesion around the values of the Moroccan NOC;
- Create a space for exchange and sharing of information;
- Process priority mail and requests from the Moroccan NOC stakeholders;
- Reflect on areas of improvement of the Moroccan NOC's internal management;
- Prepare the meetings of the Executive Committee;
- Facilitate decision making;
- Coordinate the actions to be carried out for the realization of the projects in progress.

# Assemblée Générale Ordinaire du Comité National Olympique Marocain

الجمعية العامة العادية للجنة الأولمبية المغربية  
2017 - 2018

Mardi 24 décembre 2019  
الثلاثاء 24 دجنبر 2019

It is composed of the President, the Secretary General, the Treasurer General, the Director General, the Technical Director and the Director of International Relations and Communication This structure meets once a week.



**Governance**





Mardi 24 décembre 2019  
الجمعة 24 دجنبر 2019



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Governance

اللجنة الوطنية الأولمبية المغربية  
Fédération Royale Marocaine de Football  
COMITÉ NATIONAL OLYMPIQUE MAROCAIN

Assemblée Générale Ordinaire  
du Comité National Olympique Marocain  
لعمام العادي للجنة الوطنية الأولمبية المغربية  
2017 - 2018

Mardi 24 décembre 2019  
الجمعة 24 دجنبر 2019



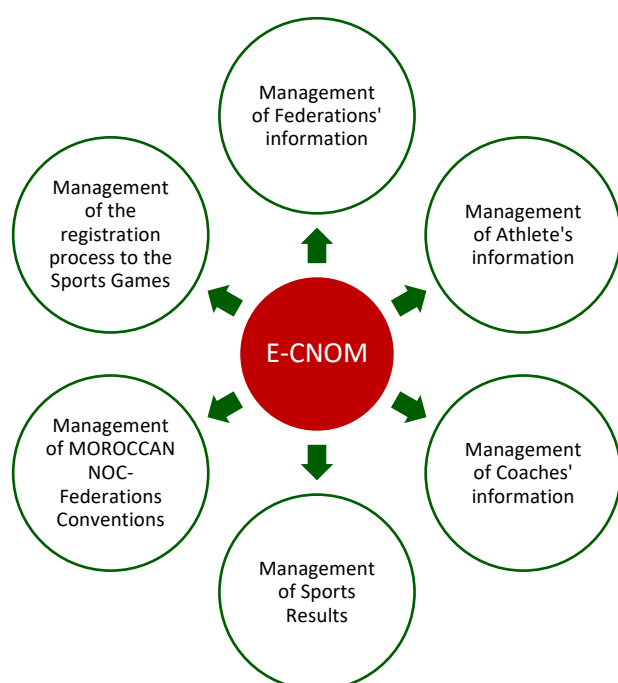
## 6- Digitalization of the Moroccan NOC's administration

In accordance with the strategic guidelines of the Moroccan NOC Executive Committee regarding the restructuring and digitalization of the administration, the Moroccan NOC has undertaken the development and integration of several information systems. The aim of these actions is to improve the internal operations of the Moroccan NOC as well as the support for the National Federations.

### Monitoring Platform of Federations and High-Level Athletes

This information system was designed to optimize the work of the Moroccan National Olympic Committee and National Federations through digital technology. Available online, the system allows to manage the data related to the National Federations as well as those of the Moroccan High-Level Athletes.

This platform offers the possibility for each Federations to collect, visualize and process the data relating to its High-Level Athletes in a structured and methodical manner.



#### INTUITIVE

The system contains a simple and ergonomic interface, which facilitates the adoption of the platform.



#### COLLABORATIVE

The data are accessible and updated in real time by the Moroccan NOC and the National Federations.



#### SECURE

The system is developed according to the highest international standards of computer security.



# E-CNOM



56



SPORTS  
FEDERATIONS

+900



ATHLETES

+100



COACHES

37



CONVENTIONS

+200



EVENTS

+500



RESULTS

## Electronic Mailing and Documentation Management

This system is an IT solution that aims to automate the mailing process and to share documents, both internally and externally, in a centralized and secure manner. With this solution, the Moroccan NOC teams gain in efficiency in documentation research, sharing and collaboration.

### A CLEAR DIRECTORY STRUCTURE OF DOCUMENTS



This system structures the documents in a dedicated space. The solution helps to carry out the Moroccan NOC's document management and monitoring missions. It makes documents available, on an ad hoc or permanent basis, in a fully secure environment. In addition, this application has no storage limits. The volume of documents supported is unlimited.

### A SOPHISTICATED MANAGEMENT OF ACCESS RIGHTS

The solution allows to define the access privileges to each document according to the confidentiality or authorization rules. Each document, and each user, can benefit from differentiated rights according to the requirements.



INTUITIVE

User-friendly interface



COLLABORATIVE

Storage, Sharing and Consultation



SECURE

According to security standards

# Electronic Mailing and Documentation Management





## Geographic Information System (GIS)

A Geographical Information System has been designed by the Moroccan NOC in order to identify all the Sports facilities of public, semi-public and private institutions located on the national territory.



The mission of this Geographic Information System is to help Sports Organizations and Communities to improve their knowledge of their territory in order to optimize decision making related to territorial planning and management of facilities and infrastructures.



ADDRESS STANDARDIZATION



MAP EDITING, SMART  
DISPLAY



CENTRALIZATION OF DATA  
AND COMPONENTS

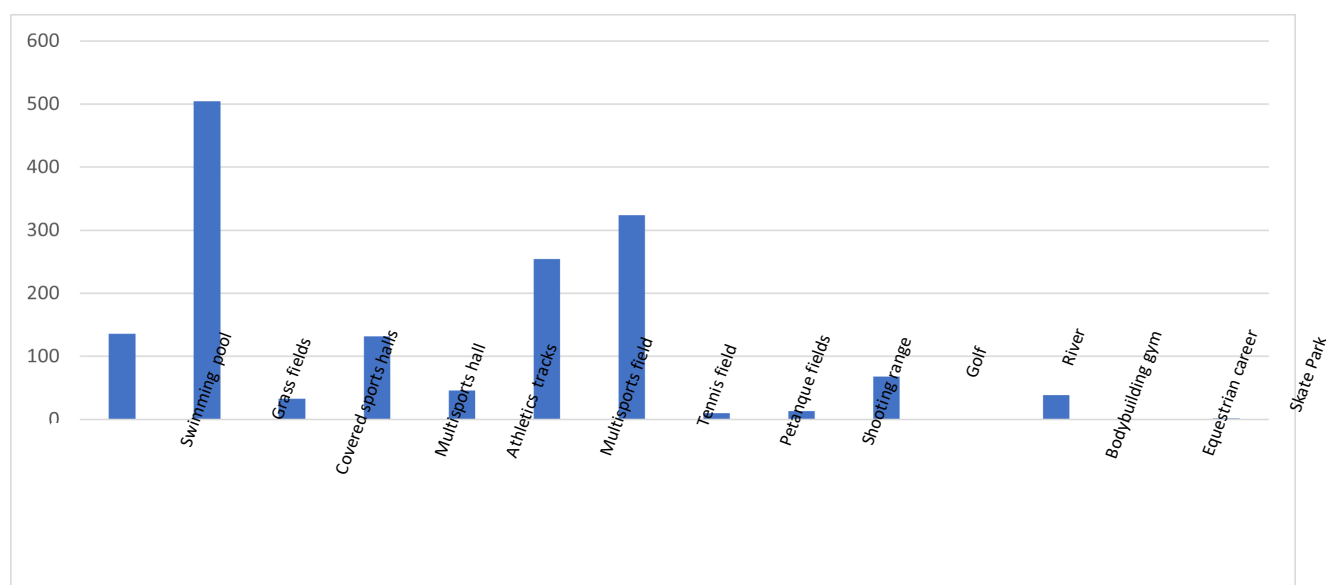


Figure 1: Number of facilities and infrastructures identified to date

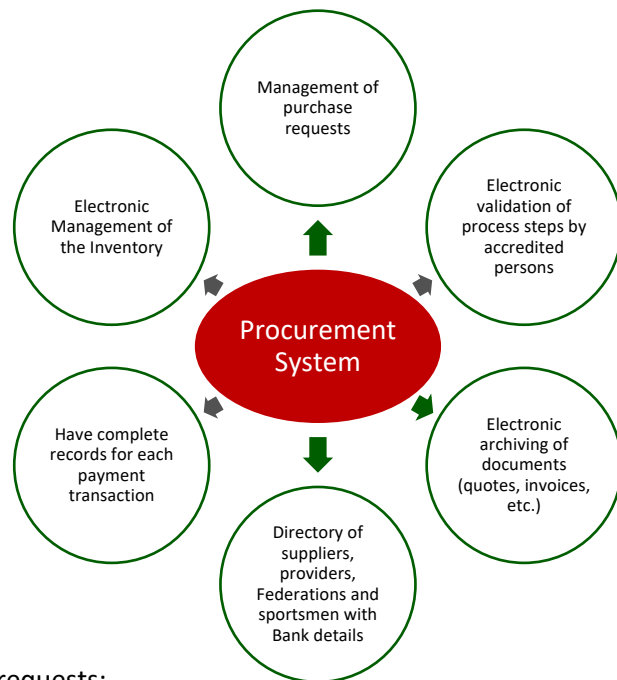
# Geographical Information System



## The Moroccan NOC Electronic Procurement Management

The Moroccan NOC's procurement management is carried out from now on through an electronic platform, a specific organization and a set of human resources dedicated to collecting, processing and retrieving information on procurement (procedures, suppliers, stocks, etc.).

Via the "**Electronic Procurement Management**" portal, the Moroccan NOC's financial department staff can easily access all the system's functionalities. With just a few clicks, they can:



- Create and validate internal purchase requests;
- Collect competing quotes to validate the selected supplier's quote;
- Generate the purchase order to the supplier, and send it by email;
- Manage and validate the supplier's receipts according to one or more delivery notes;
- Record and validate the supplier's invoice(s);
- Generate the payment order, validate it, and make the payment by bank transfer, credit card or check;
- Manage suppliers;
- Manage items and item categories;
- Manage events that are the object of purchase requests;
- Manage users and access rights to the application, and user services;
- In addition to the procurement platform, an inventory functionality has been implemented in the same information system for the management of the Moroccan NOC's fixed assets.

# CNOM's Electronic Procurement Management



## 7- Human resources

### Recruitment

During 2019, new profiles were recruited according to the recruitment procedures validated by the Executive Committee:

- Two 2018 interns became employees in 2019 as project managers.
- A person in charge of the medical monitoring of Athletes.
- A person in charge of accounting.

Three interns have also joined the team:

- For the Sports Monitoring Unit and logistical support during the African Games Rabat 2019;

### Administrative staff of the Moroccan NOC

It is important to note that there are **three** types of administrative staff at the Moroccan NOC :

Direct contract	12
Made available to the Moroccan NOC by the Ministry of Youth and Sports	4
Interns	3

Table 3: Types of contracts for administrative staff of the Moroccan NOC

### Social and health insurance

The Moroccan NOC was keen to regularize the mandatory declarations to the CNSS and to provide its staff with complementary social security coverage (CIMR).

## 8- Working environment

The new headquarters of the Moroccan NOC located within the Prince Moulay Abdellah Sports Complex has all the amenities to allow all employees to work in excellent conditions.

### Weekly meetings

Team/department meetings continued to be scheduled at the beginning of each week. These meetings are used to plan the current week's actions, share information, make decisions, or otherwise ensure that the team is aligned with the fulfillment of the Executive Committee's decisions.

### Catering continuity

Given the remoteness of the Moroccan NOC headquarters from restaurants, lunch continued to be offered to employees, allowing them to have lunch in a friendly and convivial environment within their professional space.

## 9- Management of official correspondence

### Number of official correspondences sent per month (year 2019):

Month	Number	Type		
		Fax	Deposited	Email
January	112	0	17	95
February	173	0	27	146
March	296	0	24	272
April	213	0	11	202
May	184	0	40	144
June	291	0	18	273
July	370	0	25	345
August	303	0	11	292
September	205	0	18	187
October	222	0	39	183
November	195	0	21	174
December	346	0	46	300
<b>Total</b>	<b>2910</b>	<b>0</b>	<b>297</b>	<b>2613</b>

Table 4: Number of official correspondences sent per month

### Number of official correspondences received per month (year 2019):

Month	Number	Type		
		Fax	Deposited	Email
January	274	4	47	223
February	239	2	35	202
March	285	2	9	274
April	307	2	55	250
May	278	4	35	239
June	447	4	49	394
July	455	7	58	390
August	432	0	51	381
September	362	5	36	321
October	329	2	39	288
November	310	4	58	248
December	438	12	64	362
<b>Total</b>	<b>4156</b>	<b>48</b>	<b>536</b>	<b>3572</b>

Table 5: Number of official correspondences received per month



# **National Relations**

**B**

The Moroccan NOC has engaged with the Ministry of Sports, in a more collaborative and efficient logic, which have made it possible to improve the Moroccan NOC's support to National Sports Federations.

## 1- Relationship with the Ministry of Youth and Sports

In April 2019, the Moroccan NOC and the Ministry of Youth and Sports signed a convention on the implementation of the multi-year program for the preparation and participation of Athletes in International Sports Events.

The purpose of this convention is to define the financing and managing of the programs intended for the preparation and participation of Moroccan Athletes in major International Events falling within the statutory prerogatives of the Moroccan NOC, for the period from 2019 to 2028.

To ensure the continuity of this convention, the Ministry of Youth and Sports and the Moroccan NOC have agreed to meet annually to define the programs and the necessary budget for the following year in order to guarantee the sustainability of all the proposed projects.

It is useful to point out that this convention was the result of research and diagnostic work carried out by the Moroccan NOC's teams since the election of its new Executive Committee, involving the National Sports Federations. This research work has allowed:

- The census of the results and performances of Moroccan Athletes at the international level in all Sports disciplines;
- The ranking of Morocco by Sport disciplines;
- The identification of Moroccan Athletes with high potential for qualification and results following the analysis of the Tokyo 2020 qualification systems.



## The Moroccan NOC and Ministry of Youth and Sports meetings

Several meetings and working sessions were organized with the Ministry of Youth and Sports:

Meetings	Purposes
Minister	<ul style="list-style-type: none"> <li>- Preparation of the convention relating to the implementation of the multi-year program of preparation and participation in the 2019 / 2028 Games</li> <li>- Participation in meetings of the National Commission for High-Level Sport</li> </ul>
Directorate of Sports	<ul style="list-style-type: none"> <li>- Preparation of the 2019 Sports Games</li> <li>- Award Ceremonies</li> </ul>
Secretariat General	<ul style="list-style-type: none"> <li>- Preparation for the 2019 Sports Games</li> <li>- Financing the preparation and participation in the Games</li> <li>- Project for the census of Sports infrastructures</li> <li>- Award ceremonies</li> </ul>
National Commission of High Level Sport	<ul style="list-style-type: none"> <li>- Study of the regulatory texts concerning High-Level Sport</li> <li>- Finalization of the working methodology to define the selection criteria for High-Level Athletes</li> <li>- Definition of selection criteria for High-Level Athletes</li> </ul>

Table 6: Relationship with the Ministry of Youth and Sports



## Relations with The Ministry of Youth And Sports



## 2- Relationship with National Sports Federations

The Moroccan NOC has consolidated its relations with all National Sports Federations in order to create an environment that fosters the development of National Sports, and in particular Elite Sports.

The Moroccan NOC formalized its relations with the national sports federations by official correspondences. It has also scheduled several meetings with National Sports Federations in order to finalize conventions to support and prepare for the International Sports Games that fall under the Moroccan NOC's statutory prerogatives.

Meetings	Location	Dates	Topic	Organizations
World Sports Day	The Moroccan NOC	April 06, 2019	Open House for young Athletes from Federations	Youth of the Federations
Tokyo 2020 Scholarships	The Moroccan NOC	April 16, 2019	Meeting with the 10 Athletes selected by the Federations to receive an Olympic scholarship for Tokyo 2020	High-Level Athletes of the Federations
African Beach Games Sal 2019	The Moroccan NOC	June 10, 2019	Objectives, selection criteria, list of Athletes and accompanying persons, preparation plan, result bonuses, The Moroccan NOC proposals	Federations whose Sports are retained for these Games
African Games Rabat 2019	The Moroccan NOC	August 08, 2019	Objectives, selection criteria, list of Athletes and accompanying persons, preparation plan, result bonuses, The Moroccan NOC proposals	Federations whose Sports are selected for these Games
Mediterranean Beach Games Patras 2019	The Moroccan NOC	August 08, 2019	Objectives, selection criteria, list of Athletes and accompanying persons, preparation plan, result bonuses, The Moroccan NOC proposals	Federations whose Sports are retained for these Games
World Beach Games Doha 2019	The Moroccan NOC	October 1, 2019	Objectives, selection criteria, list of Athletes and accompanying persons, preparation plan, result bonuses, The Moroccan NOC proposals	Federations whose Sports are retained for these Games
Evaluation of the African Games Rabat 2019 and preparation for the Tokyo 2020 Olympic Games	The Moroccan NOC	November 2019	Review of the African Games Rabat 2019 and progress of the preparation for the Tokyo 2020 Olympic Games	Federations participating in these Games with a potential of qualification

Table 7: Meetings held with Federations

### 3- General Assemblies of the Federations

The Moroccan NOC representatives attended the various general assemblies of National Federations held in 2019:

Federations	Location	Dates	Moroccan NOC
Gymnastics	Marrakech	27/01/2019	Mr. BELLALI
Urban Sports	Casablanca	01/02/2019	Mr. HASSA
Petanque	Rabat	02/02/2019	Mr. CHEKROUN
Full Contact	Rabat	03/03/2019	Mrs. EL AMRANI
Cycling	Casablanca	22/02/2019	Mr. BELLALI
Triathlon	Larache	09/03/2019	Mr. BELLALI
Handball	Laayoune	30/03/2019	Mr. BELLALI
Golf	Rabat	26/03/2019	Mr. LARAICHI
Rowing	Salé	23/03/2019	Mr. BENELMAHI
Swimming	Casablanca	07/04/2019	Mr. FATHI
MDJS	Rabat	03/05/2019	Mr. KOUAME
Diving	Casablanca	28/04/2019	Mr. HASSA
Swimming	Casablanca	04/05/2019	Mr. FATHI
Taekwondo	Salé	28/05/2019	Mr. BELMAHI
Fencing	Salé	17/05/2019	Mr. BELLALI
Weightlifting	Salé	21/05/2019	Mr. IDMAHAMMA
Lifeguarding	Rabat	18/05/2019	Mr. HASSA
Gymnastics	Casablanca	15/06/2019	Mr. FATHI
Canoeing and Kayaking	Rabat	08/06/2019	Mr. HASSA
Tennis	Rabat	15/06/2019	Mr. BELLALI
Athletics	Rabat	22/07/2019	Mr. IDMAHAMMA
Shooting Sports	Rabat	28/11/2019	Mr. KAMAL LAHLOU
Volleyball	Casablanca	17/11/2019	Mr. FATHI
Tai-Jitsu	Casablanca	24/11/2019	Mr. BELLALI
Gymnastics	Meknes	1/12/2019	Mr. BELLALI
University Sports	Rabat	10/12/2019	Mr. BENELMAHI
Cycling	Salé	15/12/2019	Mr. KOUAME
Wrestling	El Jadida	27/12/2019	Mr. FATHI
Petanque	Rabat	28/12/2019	Mr. HASSA
Triathlon	Kenitra	28/12/2019	Mr. BELLALI
Gymnastics	Marrakech	27/01/2019	Mr. BELLALI
Urban Sports	Casablanca	01/02/2019	Mr. HASSA

Table 8: Moroccan NOC representation at the Federations' General Assemblies in 2019





## Relations with The Sports Federations







## Relations with The Sports Federations





# **Relations with the IOC**



The Moroccan NOC has intensified its exchanges with the IOC, thus strengthening its active role as an Olympism relay through the available programs, in application of the recommendations of the 2020 Olympic Agenda.

## 1- Exchanges with the IOC

The Moroccan NOC is in permanent contact with the different departments of the IOC:

- Olympic Solidarity: implementation of several programs to support the National Sports Movement;
- Sports: participation of the Moroccan Sports delegation in all International Sports Games under the aegis of the IOC;
- Marketing and communication: regular update of the Moroccan NOC's activities and signature of all the agreements concerning the TOP program (program that gathers the IOC official partners)
- NOCnet: regular use of the IOC online platform to submit all requests to Olympic Solidarity, answer all questionnaires and consult the information shared through this information system.

## 2- Olympic Solidarity

The IOC Olympic Solidarity Department establishes a four-year budgetary program for each Olympiad to support the 206 National Olympic Committees. The main objective is to provide financial means and technical expertise for the support and development of National Sport.

For the 2017 - 2020 quadrennium, four development areas have been made available to us: the promotion of Olympic values and the organization of special projects; the management of the Moroccan NOC and its activities; the training of coaches and the development of national technical structures; and the preparation of Athletes and their professional transition.

The Moroccan NOC has intensified its exchanges with Olympic Solidarity in order to respond to the requests of the Federations and to implement several Sports Programs during 2019:

### 2.1. Preparation of the Athletes

#### Olympic scholarships for "Tokyo 2020" Athletes

10 Moroccan Athletes have been awarded a preparation scholarship of USD 600 per month as of May 1, 2019:

Athletes	Sports
Asmae NIANG	Judo
Sarah FRAINCAR	Rowing
Maha HADDIOUI	Golf
Badr SIWANE	Triathlon
Imad BASSOU	Judo
Houssam EL KORD	Fencing
Mathis SOUDI	Canoeing and kayaking
Driss LAHRAICHI	Swimming
Zied AIT OUAGRAM	Wrestling
Hamza HOUSSAINI	Gymnastics



Table 9: 'Tokyo 2020' Olympic Scholarships - year 2019

## Olympic Scholarships for Athletes from the Association of National Olympic Committees of Africa

6 Moroccan Athletes have been awarded a continental scholarship in the amount of USD 1,000 per month as of April 1, 2019:

Athletes	Sports
Rababe ARAFI	Athletics
Fatima Zahra AOUFARASS	Taekwondo
Ibtissam SADINI	Karate
Abdeslam AMEKNASSI	Karate
Soufiane EL BEKKALI	Athletics
Abdelaati IGUIDER	Athletics

Table 10: ANOCA Olympic Scholarships for Athletes

## 2.2. Training of coaches

### Technical training for coaches

The Moroccan NOC has organized, in close collaboration with the Federations concerned, 4 technical trainings for coaches which were supervised by international experts:

- Archery: February 11-20 in Rabat (10 participants);
- Tennis: September 16-27 in Casablanca (17 participants);
- Volleyball: October 17-21 in Rabat (34 participants);
- Field Hockey: December 21-28 in Rabat (20 participants).

### Olympic Coaching Scholarships

The Moroccan NOC enabled the enrollment and participation of Mr. Redouane EL BAKKOUCH (National Technical Director of the Royal Moroccan Triathlon Federation) in the CISEL training that took place from September 20 to November 18, 2019 in Lausanne.

### Development of the National Technical Structure

The Royal Moroccan Rugby Federation has been awarded a grant of 25,000 USD during 2019 in order to organize:

- Training for technical staff (coaches, referees, physical trainers);
- Training courses for the Women's National Team;
- Introductory days to rugby at 7.

## 2.1. Management of NOCs

### Administrative Grant

The Moroccan NOC received the administrative grant in the amount of 45,000 USD of the year 2019 to partially cover its operating expenses.

### International training in sport management

The Moroccan NOC proceeded to the enrolment of Mr. Amine KOUAME (Director of the Moroccan NOC) in the Executive Master in Management of Sports Organizations (MEMOS) in the English session which started in September 2019 (4 modules abroad: Budapest, Sydney and Lausanne).

### ANOCA Continental Grant

The 2019 grant in the amount of 100,000 USD enabled the Moroccan NOC to:

- The financing of the Sports equipment granted to the Moroccan delegations that participated in the Sports Games organized in 2019;
- The financing of the seminars organized during the year 2019.

### ANOCA Games Participation Grant

- African Games Rabat 2019: 10.000 USD

Evolution of the programs carried out by the Moroccan NOC over the past 8 years:

Years	2012	2013	2014	2015	2016	2017	2018	2019
Number of grants, scholarships, internships and trainings	8	5	5	6	7	7	12	12

Table 11: Programs conducted by the Moroccan NOC over the past 8 years

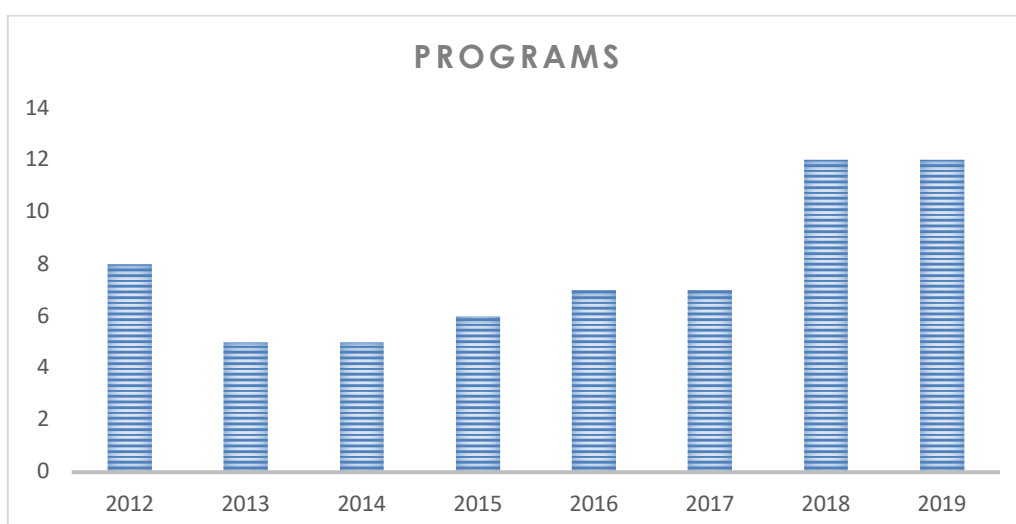


Figure 2: Programs conducted by the Moroccan NOC over the past 8 years

## Summary of grants received from Olympic Solidarity during 2019

Programs	Beneficiaries	Time periods
<b>Tokyo 2020 Olympic Scholarships</b>	Asma NIANG - Judo	May to December
	Sarah FRINCART - Rowing	May to December
	Maha HADDIOUI - Golf	May to December
	Badr SIWANE - Triathlon	May to December
	Houssam ELKORD - Fencing	May to December
	Imad BASSOU - Judo	May to December
	Driss LAHRAICHI - Swimming	May to December
	Zied AIT OUAGRAM - Wrestling	May to December
	Mathis SOUDI - Canoeing	May to December
	Hamza HOUSSAINI - Gymnastics	May to August
<b>ANOCA Scholarships</b>	Rababe ARAFI - Athletics	April to July
	Ibtissam SADINI - Karate	April to July
	Fatima Zahra ABOUFARAS - Taekwondo	April to July
	Soufiane EL BAKKALI - Athletics	April to July
	Abdelati IGUIDFER - Athletics	April to July
	Abdeslam AMEKNASSI - Karate	April to July
<b>Technical courses for coaches</b>	Royal Moroccan Archery Federation	February 11 <sup>th</sup> to 20 <sup>th</sup>
	Royal Moroccan Tennis Federation	September 16 <sup>th</sup> to 27 <sup>th</sup>
	Royal Moroccan Volleyball Federation	October 17 <sup>th</sup> to 21 <sup>st</sup>
	Royal Moroccan Hockey Federation	December 21 <sup>st</sup> to 28 <sup>th</sup>
<b>Development of the technical structure</b>	Royal Moroccan Rugby Federation	March to December
<b>CISEL* Training</b>	Redouane EL BAKKOUCH - Triathlon	September 20 <sup>th</sup> to November 18 <sup>th</sup>
<b>MEMOS* Training</b>	Amine KOUAME - Moroccan NOC	As of September 2019
<b>Administrative Grant</b>	Moroccan NOC	2019
<b>ANOCA Grant</b>	Moroccan NOC	2019
<b>Rabat 2019 Grant</b>	Moroccan NOC	August

Table 12: Summary of grants received from Olympic Solidarity 2019

\* The costs of training courses organized abroad are directly paid and financed by Olympic Solidarity





Olympic  
Solidarity





# **International Relations**

**D**



The members and teams of the Moroccan NOC have multiplied international meetings in order to establish contacts and partnerships to better support the National Sports Movement.

#### 1. Official visits

The table below summarizes the Moroccan NOC's activities in relation with international organizations:

Meetings	Dates	Location	Topic
H.E Ambassador of Hungary in Rabat	February 07, 2019	Rabat	Meeting with His Excellency to discuss the educational values of Sport and the organization of an international water polo tournament between Hungary and Morocco
ANOCA	February 26, 2019	Rabat	Visit of ANOCA members to the Moroccan NOC headquarters
WADA	March 13 and 14, 2019	Lausanne	WADA Annual Symposium - The Moroccan NOC was represented by Mr. Youssef FATHI
IOC	April 13 to 15, 2019	Lausanne	International Athletes Forum with the participation of Mrs. Khadija ABOUDDA, member of the Moroccan NOC Athletes Commission
International Olympic Academy	May 2019	Athens	Discussion about Olympic Academies with the participation of Mrs. Laila AMRANI
Mr. Arkadi Dvorkovitch, President of the Chess IF	August 27, 2019	Rabat	Promoting the practice of chess in Morocco, in particular in schools
Union of Arab National Olympic Committees	October 9, 2019	Rabat	Visit on the sidelines of the organization and administration session under the theme "Security of Sports facilities" held in Morocco from 5 to 11 October 2019 at the Royal Institute of Executive Training
IOC	October 13 to 15, 2019	Doha	Exchange on the programs of Olympic Solidarity. The Moroccan NOC was represented by Mr. Majd CHEKROUN
Francophone Association of National Olympic Committees	October 16, 2019	Doha	General Assembly. The Moroccan NOC was represented by Mr. Hamid LAHLOU-KAMAL and Mr. Abdellatif IDMAHAMMA
Association of National Olympic Committees	October 17 and 18, 2019	Doha	General Assembly. The Moroccan NOC was represented by Messrs. Hamid LAHLOU-KAMAL and Abdellatif IDMAHAMMA

ANOCA	October 18, 2019	Doha	General Assembly. The Moroccan NOC was represented by Mr. Hamid LAHLOU-KAMAL and Mr. Abdellatif IDMAHAMMA
Sharjah Women's Sports Foundation	November 7, 2019	Rabat	Participation of women's clubs in the 5th edition of the Arab Women's Club Games to be held in Sharjah in 2020
President of the Normandie Region, Hervé Morin	November 13, 2019	Rabat	Hosting the training of Moroccan National Teams for the Paris 2024 Olympic Games
IOC	November 14 and 15, 2019	Zanzibar	Continental Forum on the preparation of the Tokyo 2020 Olympic Games
ANOCA	November 17 and 18, 2019	Zanzibar	Seminar of the Secretaries General of the African NOCs

*Table 13: International meetings*





## International Relations





# **Sports Games Participation**





# PARTICIPATION TO SPORTS GAMES

Despite the logistical constraints related to the succession of Sports Games organized in 2019 in a very short time, the Moroccan NOC has ensured the participation of the Kingdom of Morocco in all the International Sports Games scheduled during this year.

These participations confirm the willingness of the Moroccan NOC to support all Federations and Sports, in particular those of the beach, in order to ensure the presence of the Kingdom of Morocco in all major sporting events within its statutory prerogatives.

The emphasis was obviously put on the African Games organized in Rabat, since the Moroccan NOC managed with brilliance the largest Sports delegation present at these Games.

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## African Beach Games Sal 2019

From June 14 to 23, 2019  
Sal Island - Cape Verde



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## African Games Rabat 2019

From August 19 to 31, 2019  
Rabat - Morocco



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## Mediterranean Beach Games Patras 2019

From August 25 to 31, 2019  
Patras - Greece



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## World Beach Games Doha 2019

From October 10 to 16, 2019  
Doha - Qatar



## 1- African Beach Games Sal 2019

The first edition of the African Beach Games was held in the island of Sal in Cape Verde from 14 to 23 June 2019 with the participation of 43 African countries.

The Moroccan delegation participated in eight Sports out of 11 scheduled. These are beach handball, beach soccer, beach volleyball, beach tennis, kitesurfing, freestyle soccer, open water swimming and karate. **Morocco finished 1<sup>st</sup> of the general classification of medals of the 1<sup>st</sup> edition of the African Beach Games Sal 2019 with a total of 16 medals including 9 gold, 3 silver and 4 bronze.**

### General information

Information	Figures
Date	June 14 to 23, 2019
City-Country	Sal, Cape Verde
Edition of the Games	1 <sup>st</sup>
Moroccan participants	63
Women participants	9
Men participants	54
Sports disciplines	8
Technical staff	26
Medals	16
Ranking of Morocco	1 <sup>st</sup>

Table 14: General information about the African Beach Games SAL 2019

### Moroccan medals by Sport

Sports	Gold	Silver	Bronze	Total	Ranking
Tennis	3	1	0	4	1
Karate	3	0	0	3	1
Beach Volleyball	1	0	1	2	1
Freestyle Football	1	0	1	2	2
Open Water Swimming	1	0	1	2	2
Beach Soccer	0	1	0	1	2
Kiteboarding	0	1	0	1	2
Beach Handball	0	0	1	1	3
<b>Total</b>	<b>9</b>	<b>3</b>	<b>4</b>	<b>16</b>	

Table 15: Moroccan medals at the African Beach Games SAL 2019

## General ranking

Rank	Country	Gold	Silver	Bronze	Total
1	Morocco	9	3	4	16
2	Algeria	5	6	5	14
3	Tunisia	3	3	1	7
4	Cape Verde	3	2	5	10
5	Mauritius	2	2	0	4
6	Mali	2	1	1	4
7	Nigeria	1	2	4	7
8	Uganda	1	0	1	2
=9	Mozambique	1	0	0	1
=9	Senegal	1	0	0	1
11	Namibia	0	4	0	4
12	Togo	0	2	0	2
13	Botswana	0	1	3	4
14	Kenya	0	1	2	3
15	Ghana	0	1	0	1
16	Ivory Coast	0	0	3	3
=17	Burundi	0	0	1	1
=17	Djibouti	0	0	1	1

Table 16: Overall medal ranking at the African Beach Games SAL 2019

Detailed results of Moroccan Athletes are in the appendix (page 102).



# SAL 2019









## 2- African Games Rabat 2019

The 12th edition of the African Games, placed under the High Patronage of His Majesty the King Mohammed VI may God Glorify Him, took place in Rabat from 19 to 31 August 2019. Morocco took part in this edition with a delegation of 409 Athletes in 26 disciplines. With a total of 107 medals (29 gold, 32 silver and 46 bronze), Morocco ranks 5<sup>th</sup> out of 54 participating countries.

### General information

Information	Figures
Date	August 19 to 31, 2019
City-Country	Rabat, Morocco
Edition of the Games	12 <sup>th</sup>
Moroccan participants	409
Women participants	181
Men participants	228
Sports disciplines	26
Technical staff	124
Medals	107
Ranking of Morocco	5 <sup>th</sup>

Table 17: General information about the African Games Rabat 2019

### Results of the African Games Rabat 2019 by Sport discipline

Rank	Sports	Gold	Silver	Bronze	Total
1	Karate	9	4	2	15
2	Taekwondo	5	2	4	11
3	Boxing	3	2	1	6
4	Snooker	3	1	2	6
5	Judo	2	5	4	11
6	Shooting	2	3	2	7
7	Equestrian Sports	2	1	1	4
8	Fencing	1	2	4	7
9	Tennis	1	2	2	5
10	Triathlon	1	1	0	2
11	Athletics	0	6	5	11
12	Weightlifting	0	1	4	5
13	Wrestling	0	1	3	4
14	Beach Volleyball	0	1	0	1
15	Swimming	0	0	4	4
16	Gymnastics	0	0	2	2
=17	Canoeing	0	0	1	1
=17	Rowing	0	0	1	1
=17	Handball	0	0	1	1
=17	Indoor Volleyball	0	0	1	1
=17	Cycling	0	0	1	1
=17	Soccer	0	0	1	1
	<b>Total</b>	<b>29</b>	<b>32</b>	<b>46</b>	<b>107</b>

Table 18: Results of the African Games Rabat 2019 by Sport



## The general ranking of Morocco at the African Games Rabat 2019

Rank	Country	Gold	Silver	Bronze	Total
1	Egypt	102	98	73	273
2	Nigeria	46	33	48	127
3	South Africa	36	26	25	87
4	Algeria	33	32	60	125
5	<b>Morocco</b>	<b>29</b>	<b>32</b>	<b>46</b>	<b>107</b>
6	Tunisia	26	36	35	97
7	Kenya	11	10	10	31
8	Mauritius	6	6	12	24
9	Ethiopia	6	5	12	23
10	Madagascar	6	4	2	12
11	Cameroon	5	14	9	28
12	Ivory Coast	5	5	8	18
13	Botswana	5	3	6	14
14	Burkina Faso	4	2	2	8
15	Ghana	2	2	9	13
16	Angola	2	2	4	8
17	Namibia	2	2	4	8
18	Seychelles	2	1	1	4
19	Gambia	2	1	0	3
20	Gabon	2	0	4	6

Table 19: The general ranking of Morocco at the African Games Rabat 2019 (top 20 nations)

Detailed results of Moroccan Athletes are in the appendix (page 102).



الأمم الأفريقية  
**JEUX AFRICAINS**  
**AFRICAN GAMES**  
**JOGOS AFRICANOS**  
 du 19 au 31 Août  
**RABAT 2019**



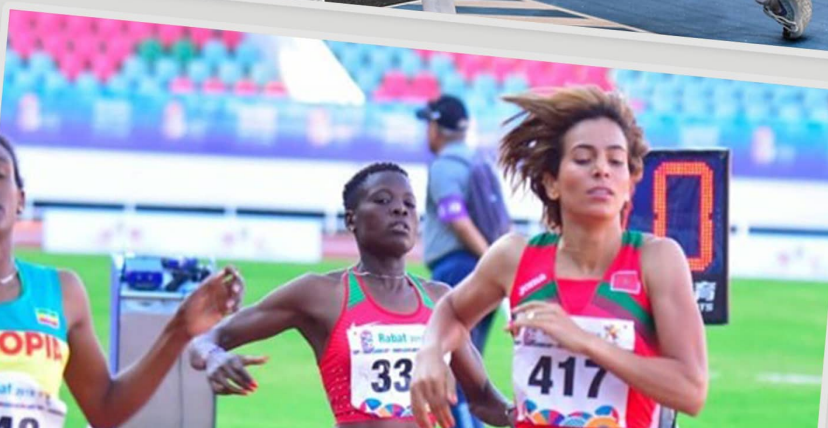
الألعاب الإفريقية  
**JEUX AFRICAINS**  
**AFRICAN GAMES**  
**JOGOS AFRICANOS**  
**RABAT 2019**







الألعاب الإفريقية  
**JEUX AFRICAINS**  
 AFRICAN GAMES  
 JOGOS AFRICANOS  
**RABAT 2019**





### 3- Mediterranean Beach Games Patras 2019

From 25 to 31 August 2019, the city of Patras (Greece) hosted the 2<sup>nd</sup> edition of the Mediterranean Beach Games. Morocco took part in these Games in 4 Sports disciplines out of 11 scheduled: beach tennis, beach soccer, beach handball, open water swimming.

#### General information

Information	Figures
Date	From August 25 to 31, 2019
City-Country	Patras - Greece
Moroccan participants	26
Women participants	2
Men participants	24
Sports disciplines	4
Technical staff	9
Medals	-
Ranking	14 <sup>th</sup>

Table 20: General information about the Mediterranean Beach Games Patras 2019

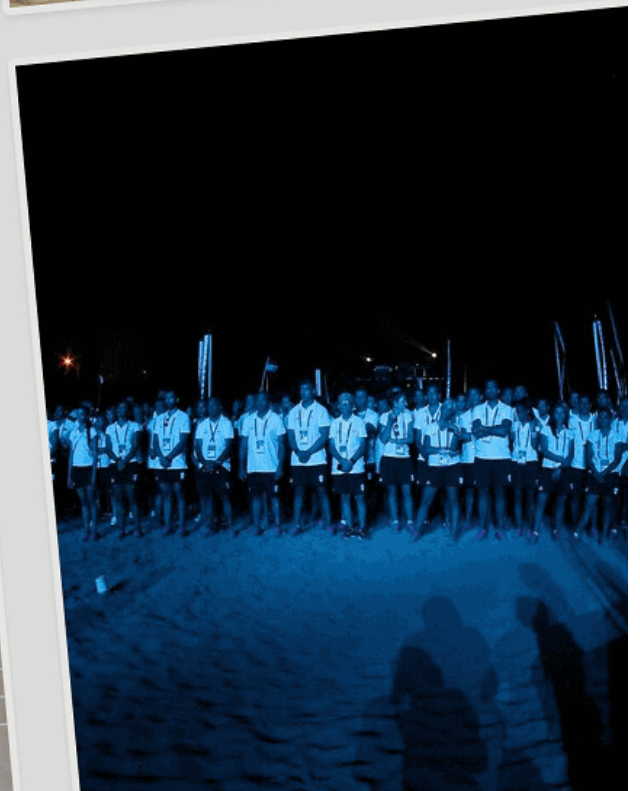
#### Results of the Mediterranean Beach Games Patras 2019

Discipline	Competition	Result
Beach Tennis	Men's Doubles	eliminated in the 16th round
	Women's Doubles	eliminated in the 16th round
	Mixed Doubles	eliminated in the 16th round
	Mixed Doubles	eliminated in the 16th round
	Men's Team	6 <sup>th</sup>
	5km	9 <sup>th</sup>
Beach Handball	Men's Team	4 <sup>th</sup>
Open Water Swimming	Men's Team	4 <sup>th</sup>
Beach Soccer	Men's Team	4 <sup>th</sup>

Table 21: Results of the Mediterranean Beach Games Patras 2019

Detailed results of Moroccan Athletes are in the appendix (page 111).







#### 4- World Beach Games Doha 2019

From 10 to 16 October 2019, the city of Doha (Qatar) hosted the 1<sup>st</sup> edition of the World Beach Games. Morocco took part in these Games in 4 qualified Sports disciplines out of 14 scheduled: Beach soccer, Beach tennis, Karate and Open water swimming.

The city of Doha has been announced as the new host city of this first edition of the World Beach Games following the withdrawal of the Californian organizers (San Diego).

##### General information

Information	Figures
Date	From 10 to 16 October 2019
Country-City	Doha - Qatar
Edition of the Games	1 <sup>st</sup>
Moroccan participants	18
Women participants	03
Men participants	15
Sports Disciplines	04
Technical staff	07
Medals	-

Table 22: General information about the World Beach Games Doha 2019

##### Results of the World Beach Games Doha 2019

Discipline	Competition	Result
Beach Soccer	Men's Team	12 <sup>th</sup>
Beach Tennis	Women's Doubles	9 <sup>th</sup>
Karate	Kata (Individual)	21 <sup>st</sup>
		17 <sup>th</sup>
		25 <sup>th</sup>
Natation	Open water 5 km	12 <sup>th</sup>

Table 23: Results of the World Beach Games Doha 2019

Detailed results of Moroccan Athletes are in the appendix (page 112).



ANOC WORLD  
BEACH GAMES  
QATAR 2019



## 5- AWARDING OF BONUSES

As part of the continuity of the initiative launched by its Executive Committee since 2018, the Moroccan NOC proceeded immediately after the end of each Sports Game that falls within its statutory prerogatives, to the awarding of bonuses to medal-winning Athletes:

### African Beach Games Sal 2019

Ceremony of July 26, 2019 at the headquarters of the Moroccan NOC to reward the medal-winning Athletes at the African Beach Games Sal 2019 according to the following scale:

Beneficiaries	Gold	Silver	Bronze
Individuals	10.000,00 DH	7.500,00 DH	5.000,00 DH
Groups (2 to 4)	8.000,00 DH	5.000,00 DH	3.000,00 DH
Teams (more than 5)	7.500,00 DH	5.000,00 DH	3.000,00 DH

Table 24: Bonuses awarded to the medalists of the African Beach Games Sal 2019

### African Games Rabat 2019

Ceremony of November 23, 2019 at the headquarters of the Moroccan NOC to reward the Athletes who won medals during the African Games Rabat 2019 according to the following scale:

Beneficiaries	Gold	Silver	Bronze
Individuals	50.000,00 DH	30.000,00 DH	15.000,00 DH
Groups (2 to 4)	20.000,00DH	10.000,00DH	5.000,00DH
Teams (more than 5)	15.000,00DH	6.000,00DH	3.000,00DH

Table 25: Bonuses awarded to the medalists of the African Games Rabat 2019

In addition, in continuity with the novelty that was adopted in 2018 to also reward the technical staff and associations of the medal-winning Athletes at these Games, the following has been agreed:

To grant a bonus for coaches and associations that represents 50% of the bonuses awarded to medal-winning Athletes according to the following distribution:

- 30% for the technical staff of the Federation in charge of the preparation of these Games;
- 20% for the training club of the medal-winning Athlete;
- 50% for the technical staff of the medal-winning Athlete's Club.





## Award of bonuses



## 6- Competition equipment

The Moroccan NOC consulted with various equipment manufacturers in order to guarantee the best offers with an interesting quality/price ratio. The choice of the Moroccan NOC was based on the continuity of the collaboration with the same brand as the previous years, for the Sports Games organized in 2019.

Subsequently, the Teams of the Moroccan National Olympic Committee have distributed full Packs to the participants of the Games scheduled in 2019 according to the following distribution:

Games	Distributed Packs	Number of items / Packs
Sal 2019	53	14
Rabat 2019	565	14
Patras 2019	37	14
Doha 2019	27	14
<b>Total</b>	<b>682</b>	

Table 26: Distribution of equipment in 2019

The Packs distributed to participants consisted of the following 14 items:

- 1 Tracksuit
- 2 T-shirts
- 2 Polos
- 1 Short
- 1 Cap
- 1 Bermuda
- 1 Backpack
- 2 Socks
- 1 Clapper
- 1 Sneaker
- 1 Sweatshirt
- 1 Bag



Figure 3: The Pack distributed to Athletes participating in the Games

## 7- Training equipment

In the continuity of its logistic accompaniment of the preparation of the various competitions overseen by the Moroccan National Olympic Committee, an order of training Packs was made in 2019 in order to distribute it to the various National Teams in preparation of the Sports Games scheduled in 2019.

Items distributed	Number
Bag	633
Tracksuit	633
Red T-shirt	633
Black T-shirt	633
Red Tank Top	633
Black Tank Top	633
Blue Shorts	633
Black Shorts	633
Sweatshirt	633

Table 27: Number of training items distributed in 2019



Federations/Entities	Number of Packs
Athletics	56
Soccer	46
Boxing	39
Handball	38
Cycling	34
Volleyball	33
Badminton	29
Weightlifting	28
Fencing	28
Tennis	28
Karate	27
Jujitsu	26
Judo	22
Taekwondo	21
Swimming	19
Triathlon	17
Rowing	15
Table Tennis	15
Equestrian Sports	15
Rugby	15
Canoeing	13
Wrestling	13
Gymnastics	11
Archery	10
Shooting	10
Basketball	10
Chess	6
Billiards	5
Beach volleyball	2
Urban Sports	1
Surfing	1
<b>Total</b>	<b>633</b>

Table 28: Number of training Packs distributed in 2019 by Federation.

Figure 4: The training Pack distributed in 2019







## Sports Equipment







# Seminars

In order to create a platform for exchange and expertise within the Moroccan Olympic Movement, the Moroccan NOC has organized in 2019 a series of seminars on specific topics to which various speakers and experts have been invited.

## 1- Seminars organized in 2019

Seminars	Dates	Participants	Speakers
Seminar on Self-confidence and Team Cohesion	15/01/2019	116	1
Training days on Physical Preparation and Nutrition for High-Level Athletes	10/01/2019 & 11/01/2019	86  67	2
Information session on the CISEL-Suisse training	09/02/2019	30	1
Exchange of experience and sharing of expertise on the Buenos Aires 2018 Youth Olympic Games	20/02/2019	51	3 Federations
Media and Sponsorship Seminar	19/03/2019	98	2
Seminar on Mental Training and Sports Performance	5/12/2019	111	3

Table 28: Seminars organized by the Moroccan NOC in 2019

## 2- Organization of seminars

The organization of training and seminars is fully operated by the teams of the Moroccan National Olympic Committee:

- Programming and identification of speakers;
- Validation of contents;
- Sending invitations;
- Badges and accreditations;
- Setting up the venue (layout, decoration, sound system and other technical aspects);
- Reception of guests;
- Collecting information through evaluation forms (information is collected in order to establish an evaluation report);
- Evaluation of the training / seminar by the participants;
- Catering and coffee breaks;
- Simultaneous translation for some seminars.



## Seminars







## Seminars







# **SPORTS MONITORING**



# **G**

The Moroccan NOC Technical Department relies on this monitoring unit to provide better support to National Sports Federations.

### 1- Sports Monitoring Team

The team in charge of Sports monitoring is responsible for:

- Carrying out an inventory of the Moroccan Olympic Sport, with an in-depth research which concerns all the results of the Moroccan High-Level Athletes and their competitors in the various Sports Events;
- Identifying the results of Moroccan High-Level Athletes;
- Studying the qualification systems of Sports Games;
- Listing and analyzing the results of the different Moroccan participations;
- Monitoring the competition;
- Updating the Moroccan NOC databases;
- Identifying the different Sports entities/organizations related to the Sports and Olympic Movement, to create a database and measure the presence of Moroccans in these organizations;
- Identifying Moroccan and international Sports facilities that can accommodate the preparation of National Teams.

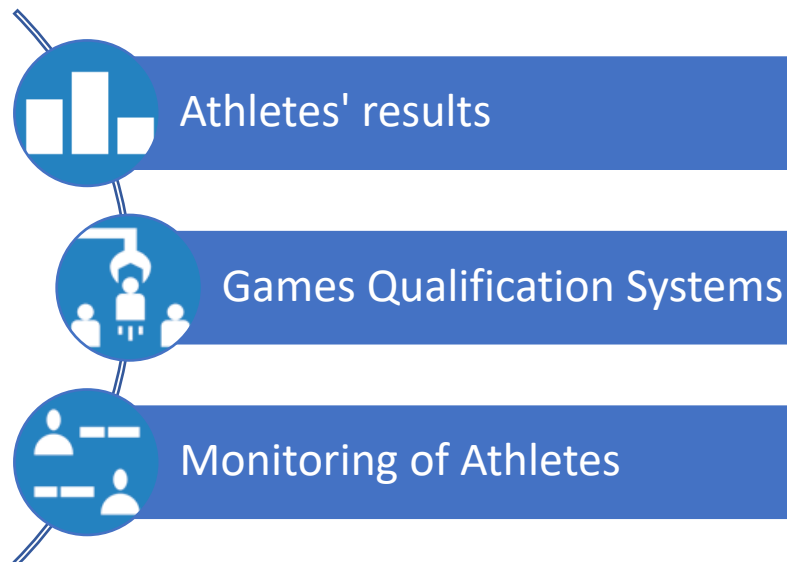


Figure 5: The Moroccan NOC Sports Monitoring System



# **MEDICAL SUPPORT**



The Moroccan NOC has initiated several actions to improve the medical monitoring of Athletes participating in the International Sports Games.

A project is also being designed to provide comprehensive medical monitoring for Elite Athletes during the preparation and training phase.

### 1- Medical coverage during the Games

The Moroccan NOC guaranteed complete medical coverage during the Sports Games with the presence of a medical team at each event.

Sports Games	Medical staff
Sal 2019	3
Rabat 2019	36
Patras 2019	2
Doha 2019	1

*Table 29 :Medical staff engaged in the sports games*

The Moroccan NOC also guaranteed medical coverage in case of injury during the Sports Games and ensured the medical monitoring of injured Athletes after the Sports Games.

### Medical coverage during the African Games Rabat 2019:

Venues	Number	Consultations
UIR* (Rabat)	420	204
Bayt Almaarifa (Casablanca)	109	116
IRFC (Rabat)	46	66
Dar Essalam (Rabat)	07	07
IBIS (El Jadida)	23	36

*Table30 : Number of consultations per hosting venue - African Games Rabat 2019*

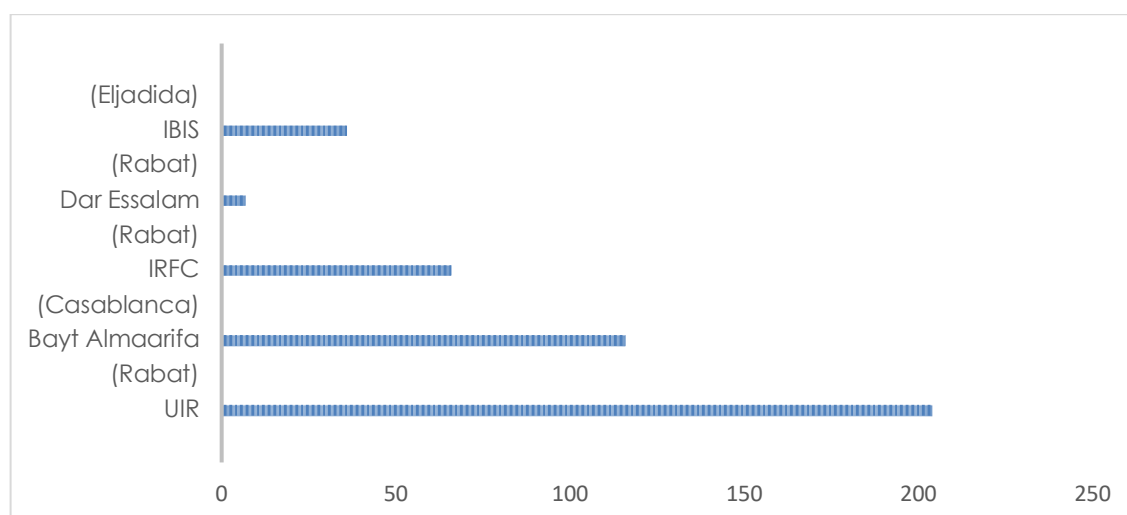


Figure 6: Distribution of consultations by hosting venue - African Games Rabat 2019

#### - Type of pathology

Pathology	Casablanca	UIR	El Jadida	IRFC	Dar Essalam	Total	%
Tendonitis	22	35	4	8	0	69	17%
Sprain	28	25	0	7	0	60	15%
Muscle injury	20	39	5	5	3	67	17%
ENT injury	11	29	5	6	0	51	13%
Lumbago	8	27	3	10	7	55	14%
Headache	7	14	4	5	0	30	8%
Gastroenteritis	5	29	2	6	0	42	11%
Hysteria attack	4	0	0	0	0	4	1%
Dysmenorrhea	5	0	0	0	0	5	1%
Pubalgia	4	3	0	1	0	8	2%
Panaris	0	0	0	1	0	1	0%
Conjunctivitis	0	0	0	2	0	2	1%
Ocular dryness	0	0	0	1	0	1	0%
Shoulder dislocation	0	0	2	0	0	2	1%

Table 31: Distribution of pathologies by venue - African Games Rabat 2019

\*UIR : International University of Rabat

\*IRFC : Royal Institute of Executive Education

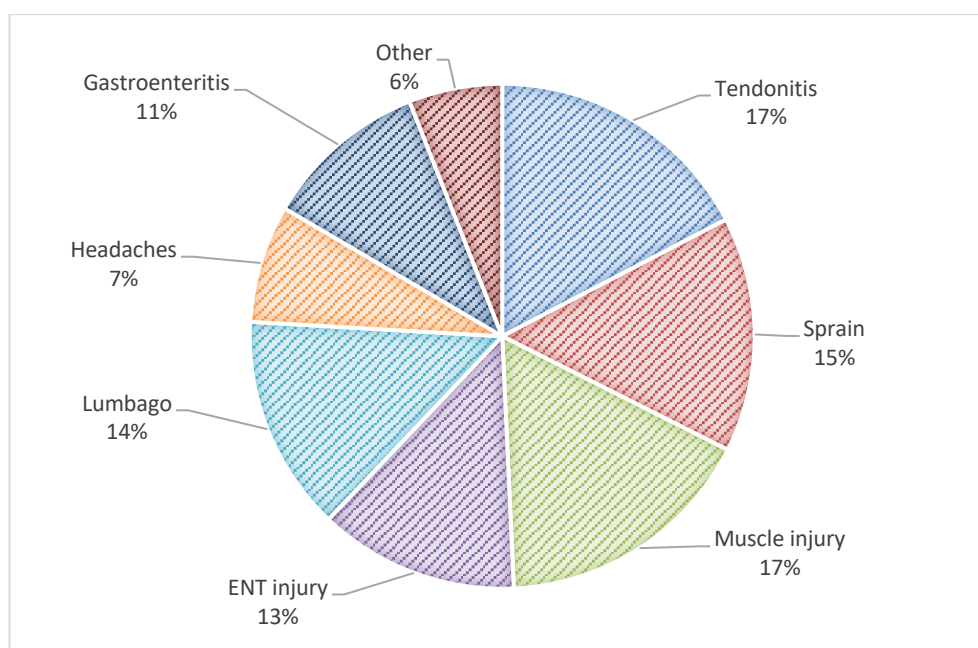


Figure 6 : Distribution of pathologies - African Games Rabat 2019

#### - Recovery

In order to allow the Moroccan sportsmen and women participating in these Sports Games a better recovery, ice bath sessions have been organized during the whole period of the competitions. The Moroccan NOC ensured the setting up of spaces dedicated to this operation as well as the daily purchase of important quantities of ice.

Physiotherapy and recovery	
Massage + Ice baths	Physiotherapy treatments
1180	373

Table 32: Physiotherapy and recovery - African Games Rabat 2019

#### - Injury Monitoring

During The African Games in Rabat 2019, 6 Moroccan Athletes have been injured, all these cases have been taken care of by the Moroccan NOC.

Sport Discipline	Injury	Status
Gymnastics	Lisfranc sprain-fracture	Treated
Gymnastics	ACL rupture	Treated
Basketball	Ankle sprain	Treated
Basketball	Meniscal injury	Treated
Boxing	Metacarpal fracture	Treated
Boxing	OPN fracture	Treated

Table 33: Serious Injuries - African Games Rabat 2019

\*ACL : Anterior Cruciate Ligament



## Medical coverage during the World Beach Games - Doha 2019

Within the framework of the first edition of the World Beach Games which took place in DOHA - QATAR from 12 to 16 October 2019, a medical and physiotherapeutic coverage was provided for the entire Moroccan delegation, on the premises of accommodation and competition.

Topographical location of injury	Number of injuries
Shoulder	3
Thigh and calf	35
Cervical	3
Knee	4
Medial collateral ligament (MCL)	1
Pharynx	2
Arm	2
Wrist	7
Head	6
Tibia	1

Table 34: Injury topographies - Doha 2019

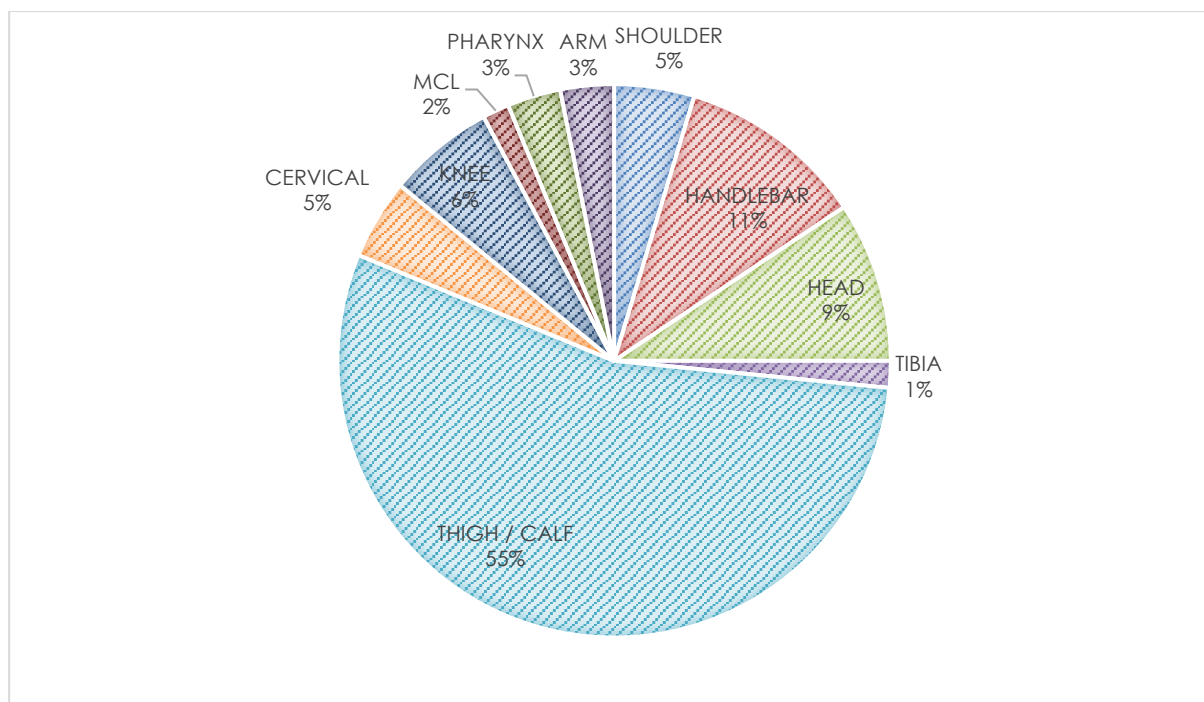


Figure 7: Injury topographies - Doha 2019

Injured anatomical part	Number of cases
Articular	9
Muscular	35
Tendon	3
Ligamentary	5

Table 35: Distribution of injuries according to the anatomical part injured - Doha 2019

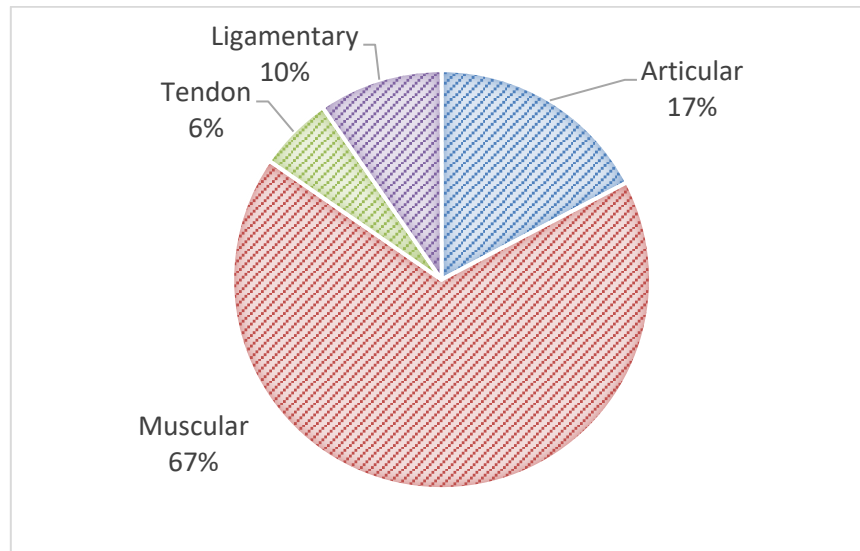


Figure 8: Distribution of injuries according to the anatomical part injured - Doha 2019

### Medical coverage during the African Beach Games - Sal 2019

Injured anatomical part	Number of cases
Articular	23
Muscular	7
Tendon	9
Ligamentary	18

Table 36: Distribution of injuries according to the anatomical part injured - Sal 2019

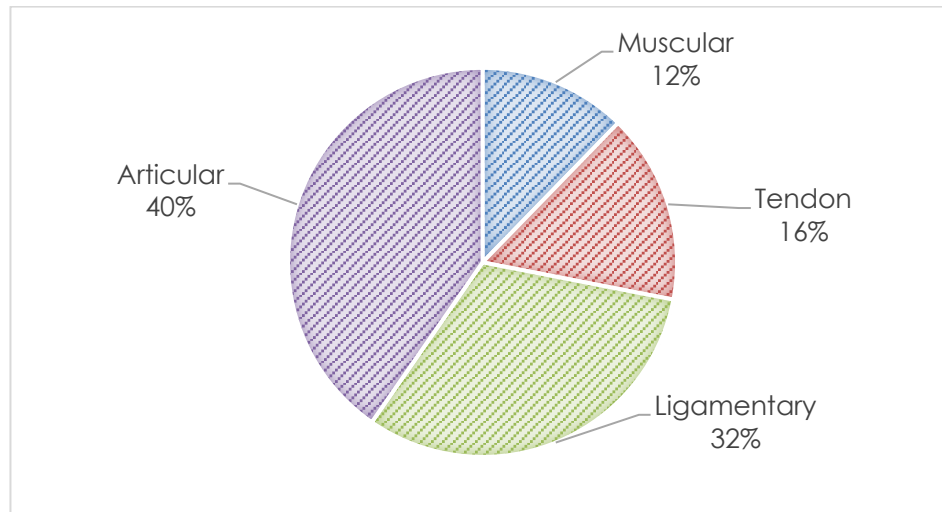


Figure 9: Distribution of trauma by injured anatomical structure - Sal 2019

Topographical location of the injury	Number of injuries
Shoulder	6
Knee	7
Wrist	3
Ankle	9
Hip	3
Spine	9
Elbow	2
Diaphragm	2
Abdominals	2

Table 37: Topography of injuries - Sal 2019



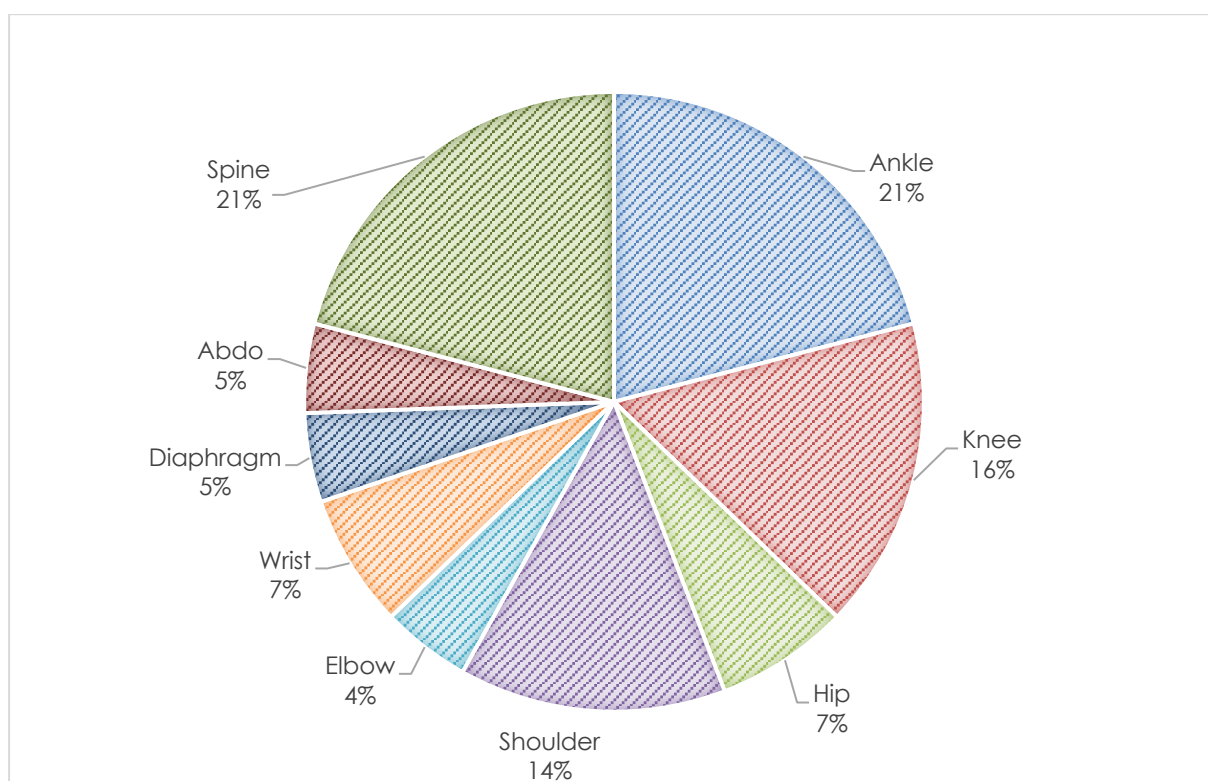


Figure 10: Frequency of injury location - Sal 2019

## Medical coverage during the Mediterranean Beach Games Patras 2019

Consultations	Physiotherapy
23	70

Tableau 1: Number of consultations and treatments - Patras 2019

Pathologies	Number
Gastralgia	1
Headaches	2
Sprain	1
Dental pain	1
Lumbago	1
Contusion	1
Tendinopathy	1
Aphta	1
Headache	1
Allergy	1
Talalgia	1

Table 39: Distribution of pathologies - Patras 2019

## 2- Purchase of medications

In consultation with the doctors in charge of the Moroccan delegations, the Moroccan NOC has purchased **more than 1600** medicines and pharmaceutical products for the four Games scheduled in 2019:

Sports Games	Medication
Sal 2019	405
Rabat 2019	1241
Patras 2019	
Doha 2019	11

*Table 29: Medications purchased for the 2019 Games*



The page features three solid green rectangular bars: a vertical bar on the left edge, a vertical bar in the lower-left quadrant, and a horizontal bar in the lower-right quadrant.

# ANTI-DOPING



In collaboration with the Ministry of Youth and Sports and the Regional Anti-Doping Organization (ORAD Africa Zone 1), the Moroccan NOC is responsible for the anti-doping efforts at the national level.

This collaboration is also part of the efforts to fight against doping in Sports at the national level.

In the area of anti-doping, the Moroccan NOC's role is to:

- Conduct scheduled or unannounced tests, during or outside of Sports competitions;
- Implement the annual action plan for doping control;
- Promote scientific research in the field of anti-doping;
- Plan and implement awareness and prevention programs for different target populations.

## 1. 2019 National Anti-Doping Program

A National Anti-Doping Program has been developed in accordance with the guidelines of the World Anti-Doping Code by the Moroccan NOC in collaboration with the Ministry of Culture, Youth and Sport and ORAD Africa Zone 1, aiming to conduct hundreds of in-competition and out-of-competition doping controls as well as training and awareness sessions for the benefit of Athletes and Managers of National Federations.

### Standard and specific controls

	2019
In competition	114
Out of competition	176
<b>Total</b>	<b>290</b>

Table 40: Standard and specific controls between 2017 and 2019

### Controls carried out within the framework of the WADA Grant

The World Anti-Doping Agency grants annually, as additional support strengthening the National Program, a grant to support additional doping controls. Under this program, Morocco has benefited from 16 tests in 2019.

### Awareness-raising sessions

One of the major pillars of the National Anti-Doping Program is awareness. The main objective is to raise awareness of the dangers of doping among the greatest number of Athletes and Managers.

To this end, awareness sessions had been scheduled according to a pre-established schedule or following requests from Federations. The table below shows the number of sessions scheduled and the number of beneficiaries over the last 3 years:

	2017		2018		2019	
	Sessions	Beneficiaries	Sessions	Beneficiaries	Sessions	Beneficiaries
<b>Within the National Anti-Doping Program</b>	02	764	03	140	09	370
<b>Out of the National Anti-Doping Program</b>	15	630	11	350	23	2510

Table 41: Number of sessions scheduled and beneficiaries 2017-2019

## World Anti-Doping Code Compliance Questionnaire

The Moroccan NOC in collaboration with ORAD Africa Zone 1 and the Ministry of Youth and Sports have completed the World Anti-Doping Code compliance questionnaire as required by the WADA.

## 2. Training days

Training days are scheduled for agents who oversee the implementation of the National Anti-Doping Program (Control Agents, Anti-doping, Escorts and Awareness Agents).

	2017	2018	2019
<b>Trainings</b>	0	1 (DCA Upgrade)	1 (Escorts)

Table 42: Number of training days for anti-doping agents 2017-2019

## Staffing of anti-doping agents

	2017	2018	2019
<b>DCA</b>	10	10	10
<b>Escorts</b>	10 to 20	10 to 20	10 to 20
<b>Outreach Agents</b>	2	2	2
<b>Samplers</b>	1 to 2	1 to 2	1 to 2

Table 43: Anti-Doping Agent Staffing 2017-2019

## 3. Official representations

The Moroccan NOC was represented by Mr. Youssef FATHI (President of the Moroccan NOC's Medical and Anti-Doping Commission) at the 15th edition of the WADA Annual Symposium, which took place on March 13 and 14, 2019 in Lausanne (Switzerland), under the theme "Towards 2021: Building the future together".









Anti-doping








**COMMUNICATION**

**K**



The Moroccan NOC has implemented new communication tools to facilitate the sharing of information with the members of the Executive Committee as well as the different stakeholders in National Sport. The Moroccan NOC has also strengthened its presence on social networks in order to highlight its activities towards the National Sport Movement and the general public.

## 1- PRESS RELATIONS

The Moroccan participation in the various Games of 2019 was the subject of an important media coverage ensured by the press attaché of the Moroccan NOC and the various teams of journalists mobilized at these Games:

- Number of press articles : **365**
  - Electronic press: **280**
  - Written press: **65**
  - Official press - Maghreb Arab Press (MAP): **20**
- Number of radio correspondences: **60**
- Number of TV reports : **15**
- Number of Web TV reports : **10**



Figure 6: Press articles

# WEBSITE



Major Menu Sections



Sub-Sections



Sports Games Editions



Indexed Moroccan  
Athletes



Referenced Game  
Results



Published News



Account Creation Date

12/04/2018

crn.org.ma





# CNOM'S

# newsletter



Account Creation Date

**11/05/2019**

The Moroccan NOC has newly launched the 'CNOM Newsletter'. This Newsletter is shared by e-mail with all the subscribers once a week. It contains a variety of Moroccan sports news in addition to the different activities carried out by the Moroccan NOC.





# ComiteNationalOlympiqueMarocainOfficiel



The Moroccan NOC's Facebook Page is considered as a real spot for communication and sharing the Olympic movement news and the Moroccan NOC's activities. On Facebook, the Moroccan NOC is close to its community which makes it easy to interact with them.



# Instagram

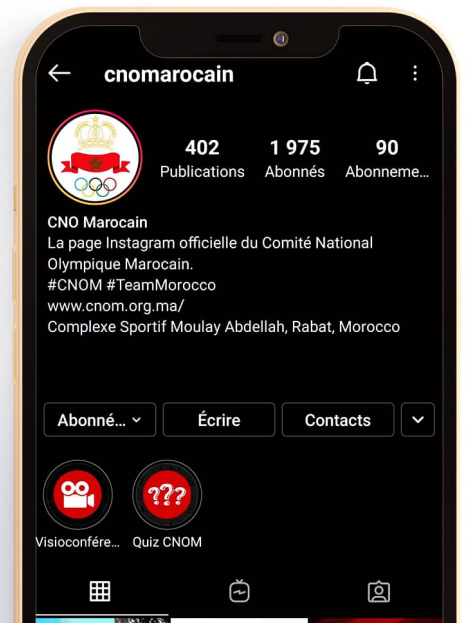
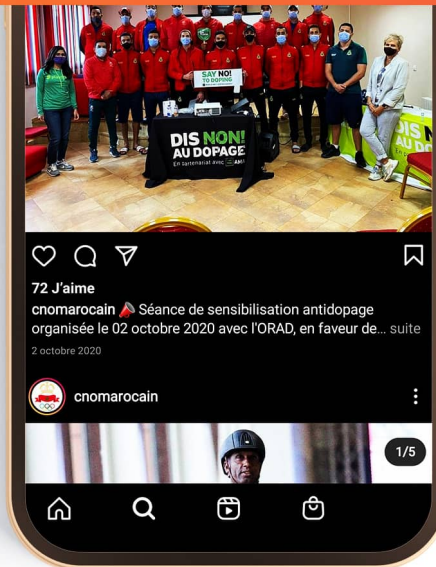
Instagram remains an unusual communication channel compared to other institutional social media. Nevertheless, the Moroccan NOC has decided to make it a privileged communication tool in order to increase its visibility and reach young and connected targets.



Account Creation Date

11/08/2018

@CNOMAROCAIN





# Youtube

The Moroccan NOC is creating and publishing its own content on its YouTube Channel. The Moroccan NOC has succeeded in a relatively short time to develop a digital library that allowed to gather a large community and gain notoriety.



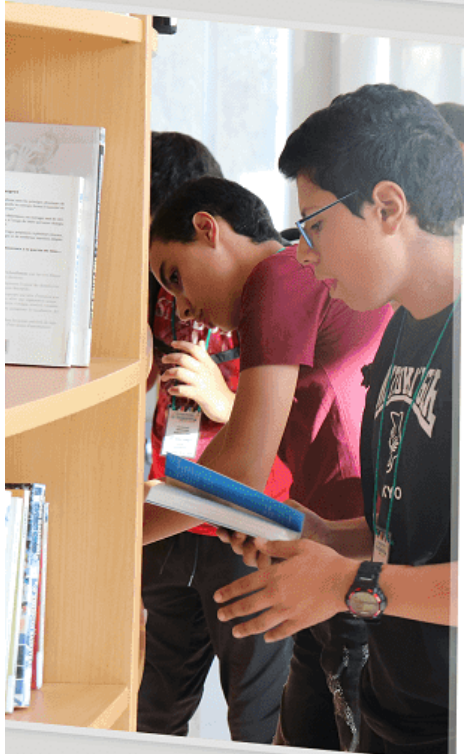
Creation Date

10/24/2018



Comité National Olympique Marocain





## Promoting Olympic Values







## Promoting Olympic Values



## 1- OLYMPIC VISITS PROGRAM

The Moroccan National Olympic Committee launched its "Olympic visits" program dedicated to the history of Moroccan Olympism.

Aimed at young people between 9 and 14, from National Sports Federations, Sports Associations and schools. The Moroccan NOC's open days aim at promoting Olympism and its values and at raising awareness among Moroccan youth about the importance of practicing Sports in all its forms.

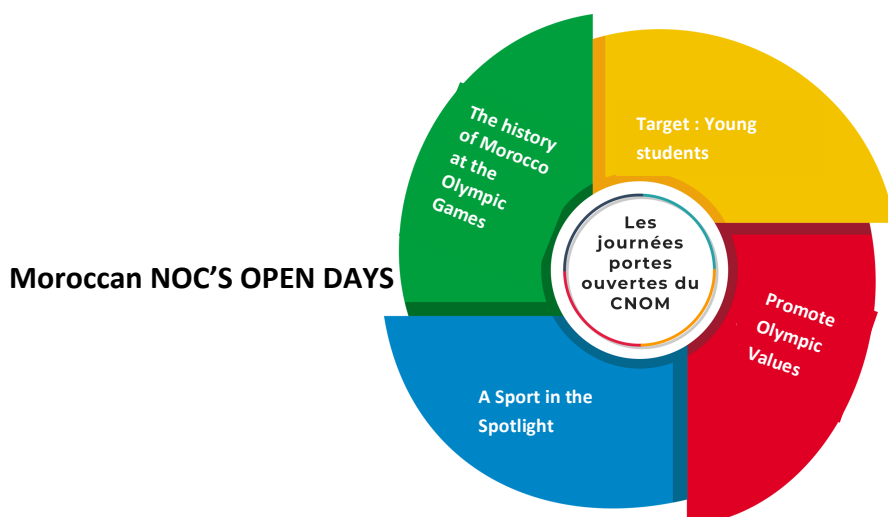


Figure 12: Objectives of the Olympic visit

The Moroccan NOC's "Olympic visits" are a series of activities that are both fun and instructive, aimed at transmitting the Olympic Values which are:



### Excellence

To give the best of yourself, on the field or in life. It's not only about winning, but above all about participating, progressing in relation to the objectives that you have set for yourself, striving to surpass yourself every day.



### Friendship

To build a better and more peaceful world through Sport, solidarity, team spirit, joy and optimism. To consider Sport as an instrument for a better mutual understanding between individuals and peoples of the world, despite differences.



### Respect

Respect yourself, your body, others, rules and the environment.  
In Sports, respect goes hand in hand with fair play and the fight against doping or any other unethical behavior.

The program of these visits is spread over a period of two hours and includes, among others, the visit of the museum, the documentation center and the projection of a video on the history of the Moroccan participation in the various editions of the Olympic Games, followed by a quiz "Questions / Answers" to finish at the end by a session of awarding medals to participants and taking pictures (group photos, ...).

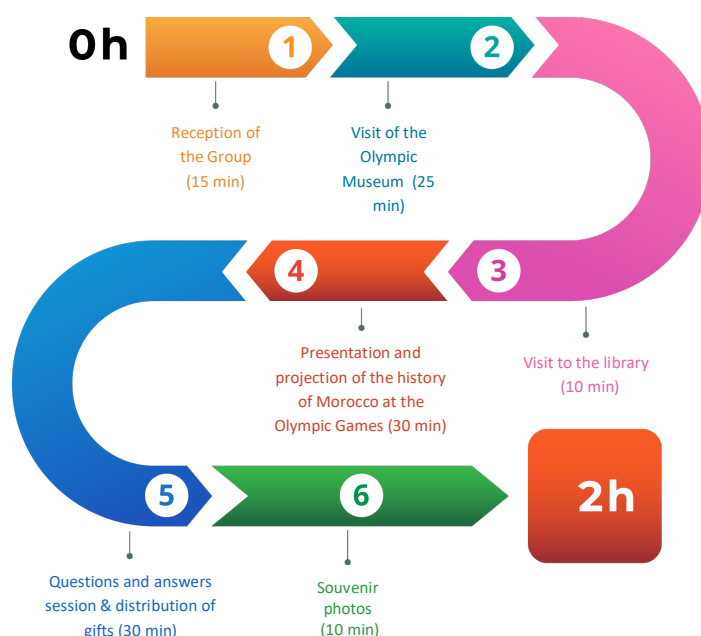


Figure 13: Program of the Olympic visit

## Visits in 2019

Dates	Entities / Structures	Number of visitors
06-Apr-19	Associations affiliated to the Federations	230
08-Apr-19	ANDRE MALRAUX School	96
22-Apr-19	Ryad Al FAYHAE School	66
27-Apr-19	Rabat Kenitra League of Taekwondo	30
28-Apr-19	WAC Swimming Association	38
16-Oct-19	Al HASSANIA School	50
22-Oct-19	Al HASSANIA School	50
24-Oct-19	Al HASSANIA School	38
22-Nov-19	AU PRESENT School	26
26-Nov-19	HIGH-TECH School	41
28-Nov-19	HIGH-TECH School	40
17-Dec-19	RIAD AL MAARIFA School	59
19-Dec-19	RIAD AL MAARIFA School	50
20-Dec-19	ASTERIX School	56
<b>Total</b>		<b>870</b>

Table 44: Olympic visits conducted in 2019



## 2- Updating the Moroccan NOC Olympic Museum

The Olympic Museum, located on the ground floor of the Moroccan NOC is dedicated to the conservation of objects and items of all kinds (medals, trophies, cups, outfits, official documents, photos ...), which constitute the common National Sports heritage since the creation of the Moroccan National Olympic Committee, with the support of Athletes and the involvement of National Sports Federations.

The goal of this museum is to safeguard and enhance the richness of the national sporting and collective heritage and to ensure its transmission to younger generations.

The Moroccan National Olympic Committee ensures the updating of the Olympic Museum. This year, the following elements have been added:

- Photo MOHAMED RABII (Bronze/Boxing/Rio2016);
- Photo ABDELAATI IGUIDER (Bronze/1500m/London 2012);
- Photos of the medalists at the Youth Olympic Games Buenos Aires 2018;
- Logo poster of the Olympic Games London 2012;
- Logo poster of the Olympic Games Rio 2016;
- Logo poster of the Youth Olympic Games Buenos Aires 2018;
- Logo poster of the Olympic Games Tokyo 2020.



## Olympic Museum

